

Folate Compounds From The Leading Folate Chemistry Experts



Folate Substance List



5-Formyltetrahydrofolate (Leucovorin)

C₂₀H₂₃N₇O₇ MW 473.44

C₁₅¹³C₅H₂₃N₇O₇ MW 478.44 (6R,S)-, (6R)-, (6S)-5-CHO-H₄PteGlu, Ca- or Na₂-salt

(6S)-5-CHO-H₄Pte[${}^{13}C_{5}$]Glu, Ca-salt



10-Formyltetrahydrofolate

C₂₀H₂₃N₇O₇ MW 473.44 (6R,S)-, (6S)-, (6R)-10-CHO-H₄PteGlu, Ca- or Na₂-salt







5,10-Methenyltetrahydrofolate (Anhydroleucovorin)

$C_{20}H_{23}CI_2N_7O_6$	(6R,S)-, (6R)-, (6R)-5,10-CH ⁺ -H ₄ PteGlue
MW 528.35	Cl x HCl (Cl x HCl salt)
$C_{15}^{13}C_{5}H_{23}CI_{2}N_{7}O_{6}$	(6R)-5,10-CH ⁺ -H ₄ Pte[¹³ C ₅]Glu-
MW 533.35	Cl xHCl

5-Methyltetrahydrofolate

C ₂₀ H ₂₅ N ₇ O ₆ MW 459.46	(6R,S)-, (6R)-, (6S)-5-CH ₃ -H ₄ PteGlu, Ca- or Na ₂ -salt
$C_{15}^{13}C_{5}H_{25}N_{7}O_{7}$ MW 464.46	(6S)-5-CH ₃ -H ₄ Pte[${}^{13}C_5$]Glu, Ca-salt
$C_{13}^{13}C_6H_{25}N_7O_7$ MW 465.46	(6S)-5-CH ₃ -H ₄ [$^{13}C_6$]PteGlu, Ca-salt
C ₁₃ ¹³ C ₇ H ₂₅ N ₇ O ₆ MW 466.46	(6S)-5- 13 CH ₃ -H ₄ [13 C ₆]PteGlu, Ca-salt

5,10-Methylenetetrahydrofolate

$C_{20}H_{23}N_7O_6$	(6R,S)-, (6S)-, (6R)-5,10-CH ₂ -H ₄ PteGlu,
MW 457.44	Ca- or Na ₂ -salt





Tetrahydrofolate C_1

C ₁₉ H ₂₃ N ₇ O ₆ MW 445.43	(6R,S)-, (6R)-, (6S)-H ₄ PteGlu, Ca- or Na ₂ -salt
$C_{14}^{13}C_{5}H_{23}N_{7}O_{6}$ MW 450.43	(6S)-H ₄ Pte[$^{13}C_5$]Glu, free acid form
$C_{13}^{13}C_6H_{23}N_7O_6$ MW 451.43	(6S)- $H_4[^{13}C_6]$ PteGlu, free acid form

7,8-Dihydrofolate

 $\begin{array}{c} C_{19}H_{21}N_7O_6 \\ MW \ 443.41 \end{array}$

7,8-H₂PteGlu, free acid form



Folic acid (Pteroylglutamic acid)

C ₁₉ H ₁₉ N ₇ O ₆ MW 441.40	PteGlu, free acid form, Na ₂ -salt
$C_{14}^{13}C_5H_{19}N_7O_6$ MW 446.40	$Pte[^{13}C_5]Glu$, free acid form
$C_{13}^{13}C_6H_{19}N_7O_6$ MW 447.40	[¹³ C ₆]PteGlu, free acid form

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HN N 6	
N	



Pteroic acid	
C ₁₄ H ₁₂ N ₆ O ₃ MW 312.28	Pte, free acid form

4-Aminobenzoylglutamic acid (PABGA)

$C_{12}H_{14}N_2O_5$ MW 266.25	7-(4-Aminobenzoyl)-L-glutamic acid, free acid form
C ₆ ¹³ C ₆ H ₁₄ N ₂ O ₅ MW 272.25	7-(4-Amino[¹³ C ₆]benzoyl)-L-glutamic acid, free acid form

Structure and nomenclature of natural diastereoisomer *¹³C₅-labeled form available *¹³C₆-labeled form available *¹³C7-labeled form available

Natural Folates









(6R)-5,10-Methylenetetrahydrofolate







(6S)-5-Formiminotetrahydrofolate

(6S)-5-Formyltetrahydrofolate

(6R)-10-Formyltetrahydrofolate



(6R)-5,10-MethenyItetrahydrofolate



benzoyl-L-glutamic acid

Biochemical Pathways of Folates



5,10-Methylenetetrahydrofolate (6R)-5,10-CH₂-H₄PteGlu_n

- Folylpolyglutamate synthase EC 6.3.2.17 (FPGS, FPGS)
- Y-Glutamyl hydrolase EC 3.4.19.9 Dihydrofolate reductase EC 1.5.1.3 (DHFR, DHFR, DHFR2) 2
- 3
- Methionine synthase EC 2.1.1.13 (MTR) Thymidylate synthase EC 2.1.1.45 (TYMS, TYMS, TYMS) Glycine cleavage system¹⁾ (GLDC/DLD/AMT/GCSH) 5
- 6
- Serine hydroxymethyltransferase EC 2.1.2.1 (SHMT1, SHMT2a, SHMT1, SHMT2a, SHMT2) Equilibrium (non-enzymatic reaction) 7
- 8
- Dimethylglycine dehydrogenase EC 1.5.99.2 (DMGD) 9
- 10 Sarcosine dehydrogenase EC 1.5.8.3 (SARDH)
- 5,10-Methylenetetrahydrofolate reductase EC 1.5.1.20 (MTHFR) 11
- 12
- Formimidyultransferase-cyclodeaminase EC 2.1.2.5²⁰ (FTCD) Trifunctional purine biosynthetic protein adenosine-3 EC 2.1.2.2 (GART) 13
- Bifunctional purine biosynthesis protein PURH EC 2.1.2.3 (ATIC) 14

cytosolic mitochondrial

nuclear

- Glycine cleavage system (EC 1.4.4.2, EC 1.8.1.4, EC 2.1.2.10) 1) 2)
- Bifunctional enzyme in eukaryotes (EC 2.1.2.5, EC 4.3.1.4) Trifunctional enzyme in eukaryotes (EC 6.3.4.3, EC 1.5.1.5, EC 3.5.4.9) 3)
- 4) Bifunctional enzyme in eukaryotes (EC 1.5.1.15, EC 3.5.4.9)

15 C-1-tetrahydrofolate synthase, EC 6.3.4.3³ (MTHFD1, MTHFD1) Monofunctional C1-tetrahydrofolate synthase EC 6.3.4.3 (MTHFD1L)

- 10-Formyltetrahydrofolate dehydrogenase EC 1.5.1.6 (ALDH1L1, ALDH1L2) Methionyl-tRNA formyltransferase EC 2.1.2.9 (MTFMT) 16
- 17
- 18 Non-enzymatic reactions
- 19 Formimidoyltransferase-cyclodeaminase EC 4.3.1.4² (FTCD) C-1-tetrahydrofolate synthase EC 3.5.4.9³ (MTHFD1, MTHFD1)
- 20 Bifunctional methylenetetrahydrofolate dehydrogenase/cyclohydrolase EC 3.5.4.9⁴) (MTHFD2/MTHFD2L)
- C-1-tetrahydrofolate synthase EC 1.5.1.53 (MTHFD1, MTHFD1) 21 Bifunctional methylenetetrahydrofolate dehydrogenase/cyclohydrolase EC 1.5.1.15⁴) (MTHFD2/MTHFD2L)
- 5-Formyltetrahydrofolate cyclo-ligase EC 6.3.3.2 (MTHFS) 22
- Glycine formimidoyltransferase EC 2.1.2.4
- 23
- 24 10-Formyltetrahydrofolate deformylase EC 3.5.1.10

Cellular Folate Transport Systems

Reduced Folate Carrier (RFC)

- Organic anion antiporter
- Major folate transport system

Туре:	Integral membrane glycoprotein, 12 transmembrane domains
pH Optimum:	7.4
Tissues:	Placenta, liver, leukocytes, kidney, lung, bone marrow, intestine, CNS, brain
Affinities:	(6S)-5-CH ₃ -H ₄ PteGlu (~ 5 μM) >> PteGlu (~ 200 μM)
Synonym:	Solute carrier family 19 member 1

Folate Receptor (FR)

- Transport via receptor mediated endocytosis
- Expressed on the cell surface

Туре:	Anchored to cell surface by a glycosylphosphatidylinositol (GPI) domain
Isoforms:	FR- α , FR- β , FR- γ (secreted), FR- δ
Tissues:	FR- α : Epithelial tissues (e.g. placenta, proximal renal tubular cells, choroid plexus) FR- α levels are greatly elevated in malignant tissues
	FR- β : Hematopoietic tissues (e.g. spleen, thymus, bone marrow), macrophages, fetal brair
	FR- γ : Hematopoietic tissues (e.g. spleen, thymus, bone marrow)
	FR- δ : Regulatory T-cells, Oocytes
Affinities:	(6S)-5-CH ₃ -H₄PteGlu (≥ 1 nM) < PteGlu (< 1 nM)
Synonym:	Folate binding protein (FBP)

Proton-Coupled Folate Transporter (PCFT)

- Proton symporter
- Major transport system for intestinal folate absorption

Type:	Integral membrane glycoprotein, 12 transmembrane domains
pH Optimum:	5.5
Tissues:	Intestine, kidney, liver, placenta, spleen, brain, testis, lung
Affinities:	(6S)-5-CH ₃ -H ₄ PteGlu (~ 1 μ M) = PteGlu (~ 1 μ M)
Synonym:	Heme carrier protein 1 (HCP1), solute carrier family 46 member 1

ATP-Binding Cassette (ABC) Transporters

- ATP dependent translocation of a wide variety of substances across membranes
- Export of folates (e.g. MRP1-5 and BCRP)

Type:	Transmembrane protein
Affinities:	Low-affinity, high-capacity pumps





Folate History

- **1931** Lucy Wills discovers that macrocytic anaemia can be prevented by adding yeast to a diet otherwise lacking B vitamins
- **1941** Herschel K. Mitchell and colleagues suggest the name "Folic acid" (folium, Latin for leaf) for the factor responsible for growth stimulation of Streptococcus lactis isolated from spinach
- **1945** Tom D. Spies demonstrates that Folic acid cures megaloblastic anaemia during pregnancy
- **1946** Robert B. Angier and co-workers report the structure and synthesis of the Lactobacillus casei factor (Folic acid) isolated from liver
- **1950** Emanuel B. Schoenbach and colleagues observe that the toxic side effects of amethopterin (methotrexate) cancer therapy can be reversed by treatment with "citrovorum factor" (Leucovorin)
- **1962** Victor Herbert consumes a folate-deficient diet for several months, documenting the development of deficiency symptoms
- **1968** Martin C. Carey and colleagues report that oral Folic acid therapy significantly reduces homocysteine excretion in the urine of mentally-handicapped children with homocystinuria
- **1981** Richard W. Smithells and co-workers report a preventive effect on neural tube defects by a periconceptional vitamin supplementation containing Folic acid
- **1982** David Machover and colleagues demonstrate that (6R,S)-5-Formyltetrahydrofolate or "Folinic acid" (Leucovorin) increases the therapeutic efficacy of 5-fluorouracil in the treatment of advanced colorectal and gastritic adenocarcinomas
- **1991** Nicholas Wald demonstrates in a randomised double-blind prevention trial that Folic acid supplementation before pregnancy reduces the risk of neural tube defects by 70% in women who had previously given birth to a child with a neural tube defect
- **1991** Eprova AG succeeds in producing (6S)-5-Formyltetrahydrofolate (Levoleucovorin), the natural isomer of (6R,S)-5-Formyltetrahydrofolate (Leucovorin), in commercial quantities
- **1992** Andrew E. Czeizel finds that first occurrence of neural tube defects may be prevented by periconceptional Folic acid supplementation
- 1992 The U.S. Public Health Service recommends women of childbearing age to consume 0.4 mg of Folic acid daily
- **1997** Mary Ward and colleagues demonstrate that plasma homocysteine can be lowered by physiological doses of Folic acid
- **1998** The U.S. Food and Drug Administration (FDA) introduces mandatory fortification of flour, rice, pasta, and other grain products with Folic acid
- 2001 The U.S. Food and Drug Administration (FDA) accepts (6S)-5-Methyltetrahydrofolate (Metafolin[®]) for use in dietary supplements
- 2004 The European Food Safety Authority (EFSA) considers (6S)-5-Methyltetrahydrofolate (Metafolin®) safe
- **2005** The "Joint FAO/WHO Expert Committee on Food Additives" (JECFA) considers (6S)-5-Methyltetrahydrofolate (Metafolin[®]) safe
- **2008** The U.S. Food and Drug Administration (FDA) approves (6S)-5-Formyltetrahydrofolate (Fusilev[®]) for rescue after high-dose methotrexate therapy
- **2010** The U.S. Food and Drug Administration (FDA) approves Beyaz[®] a combination oral contraceptive containing (6S)-5-Methyltetrahydrofolate (Metafolin[®]) to prevent neural tube defects
- **2015** The Center for Radiopharmaceutical Sciences (CRS), a joint endeavor between the Paul Scherrer Institute, the ETH Zurich and the University Hospital Zurich starts the first-in-man clinical trial with a novel folate-based [¹⁸F]-PET tracer for imaging of folate receptor-positive tumors
- **2018** Isofol Medical AB reports positive efficacy data for (6R)-5,10-Methylenetetrahydrofolate (Modufolin[®]) from patients treated for metastatic colorectal cancer

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